



A guide to...

Ureteric stent for future replacement

Important patient information, please read.

Date of insertion: _____.

Your stent should be replaced in approximately: _____.

Patient details or
label

Your ureter is your natural tube that connects the kidney to the bladder. This stent is a flexible plastic tube that is placed into your ureter and begins in your kidney and ends in your bladder, but is usually less than 3mm in width. We have placed this to ensure that your kidney is draining appropriately. They are **NOT permanent and must be removed or exchanged after a specified time**. If they are not exchanged this can lead to problems with you kidney function and the need for more complex surgery. They are usually exchanged every 6 months under a general or spinal anaesthetic using a telescope inserted into your bladder through your urethra.

What should you expect?

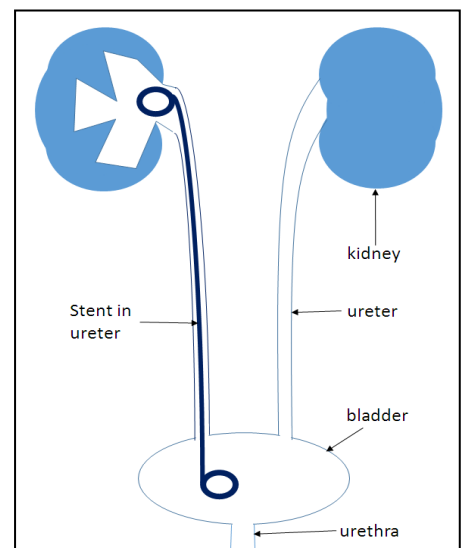
While you have the stent in your body you may have the following symptoms:

- Back pain towards the side, especially when you pass urine with pain in the bladder area
- Blood in the urine, increased frequency of urination and urgency of urination

When should you see a doctor urgently?

You should attend A&E if you have the following:

- Fever
- Inability to pass urine



What if I have not been sent an appointment for replacement?

You will be contacted by the admissions department with an appointment usually a month before your stent is due to be replaced. If you have not received an appointment by this time please contact admissions on 01727 897 666/4

Can I rearrange my appointment for stent replacement?

It can be difficult to rearrange your date for your stent replacement. If you are unable to attend, please contact admissions on 01727 897666/4

The contact details of the secretary to your Consultant Urologist is listed below:

- Mr T Shaikh: 01727 897 147
- Mr F Banks: 01923 217 521
- Mr J Roux: 01727 897 116
- Mr S Shah: 01923 217 052
- Mr V Arumunham 01923 217064

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If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217198** or email **westherts.pals@nhs.net**